

the checkup

by
Texas
Children's
Health Plan
Medical
Directors

DECEMBER 2017

A monthly publication of Texas Children's Health Plan



In this ISSUE

- 2 Specialists and Facilities
- 2 Important formulary changes
- 3 ADHD Provider Tool Kit
- 3 HEDIS Spotlight: Mental Health
- 4 RVS season and Synagis
- 4 Provider responsibilities
- Smoking cessation

PO Box 301011
Houston, Texas 77230



NONPROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 1167
N. HOUSTON, TX



Specialists & Facilities

Important formulary changes (effective January 1, 2018)

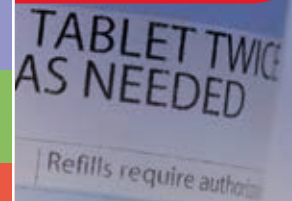
Texas Children's Health Plan formulary, preferred drug list, and prior authorization forms can be found here: www.navitus.com/texas-medicaid-star-chip/formulary.aspx.

Medications/drug classes impacted

What is changing on January 1, 2018?

Abilify (aripiprazole)	Generic aripiprazole will be preferred and brand Abilify will be non-preferred. Generic aripiprazole will still require a prior authorization.
Epipen/Adrenaclick	Generic formulations of Epipen and Adrenaclick will be preferred and brand Epipen and brand Adrenaclick will be non-preferred.
Humira and Enbrel	These medications will now require a prior authorization for approval. See link above for forms.
Strattera (atomoxetine)	Brand Strattera will be non-preferred and generic atomoxetine will be preferred.
Tamiflu (osteltamivir)	All formulations of Tamiflu (brand and generic) will be non-preferred. Inhaled Relenza (zanamivir) will be the only preferred antiviral for Influenza A or B.

Questions?
Contact the Navitus Pharmacy Benefits Customer Care Team at 1-877-908-6023.



ADHD Provider Tool Kit

What is it?

Texas Children's Health Plan is pleased to announce the unveiling of the ADHD Provider Toolkit. This online resource went live in mid-November. The ADHD Provider Toolkit is a go-to site for a wide range of relevant material to assist clinicians in the diagnosis, treatment, and management of patients with ADHD and their families. The goal is to provide information sources for the primary care provider who frequently sees patients with this diagnosis, thereby making evidence-based practices and tools available on the desktops of busy practitioners.

Evaluation and Diagnosis

To assist with diagnosis, current DSM-5 criteria are listed in the Provider Toolkit. Additional diagnostic tools include links to open source ADHD rating scales, which can be used to obtain specific symptom information from parents and school personnel. These ratings scales help quantify symptoms and demonstrate symptom presence in more than one setting. They are not only useful in the assessment phase, but when used in follow up, are also helpful in monitoring ongoing treatment efficacy. ADHD may present differently in different age groups, so the Toolkit includes information to focus assessment for patients in various age groups. This section also contains information on common co-occurring diagnoses, including other disruptive behaviors and learning disabilities.

Treatment Planning

The numbers of evidenced-based treatments for ADHD continues to grow. The Toolkit discusses the various options available to providers. Although stimulants remain the

pharmacologic treatment of choice, new formulations of and delivery technology for this class of medication continue to add to the options. Medication algorithms provide guidance for medication choice, titration, and augmentation if initial steps do not bring an optimal response. For children under the age of 6, behavioral therapies are often an effective initial intervention.

Resources for Families and Patients

The Toolkit also gives information on additional resources and management strategies available to patients and their families. Information in this section includes Texas Children's Health Plan's ADHD Self-Management Tool that clinicians can complete with families to monitor treatment effect and address treatment barriers. Also listed are specific smart phone apps that are helpful to patients with ADHD assist with organization and help with reminders for important tasks. Links to additional online information are included as well as contact information for local ADHD family support organizations and resources.

How Do I Find It?

The ADHD Provider Toolkit is available online to participating providers through the Texas Children's Health Plan Provider Portal. This is where the most up-to-date version of the Toolkit will be housed. It can also be made available by contacting Texas Children's Health Plan Provider Relations at 832-828-1008 or toll-free at 1-800-731-8527. In an effort to make the ADHD Provider Toolkit a clinically useful resource for our providers and members, Texas Children's Health Plan welcomes provider feedback and comments.



HEDIS Spotlight

HEDIS® (Healthcare Effectiveness Data and Information Set) is a widely used set of performance measures that ensures our members are getting the best health care possible. It is extremely important that our providers understand HEDIS® specifications and guidelines. This section highlights different HEDIS metrics in addition to providing descriptions of the measures, correct billing codes to support services rendered, and tips to direct you to corresponding resources and tools.

MEASURE

FOLLOW-UP AFTER HOSPITALIZATION FOR MENTAL ILLNESS

MEASURE DESCRIPTION:

Members 6 years of age and older who were hospitalized for treatment of selected mental health diagnoses and who had an outpatient visit, an intensive outpatient encounter, or partial hospitalization with a mental health practitioner within 7 and 30 days of discharge.

CODING

Codes to Identify Follow-up Visits (must be with a mental health practitioner)

CPT®: 99201-99205, 99211-99215, 99217-99220, 99341-99345, 99347-99350

UB Rev (Visit in a behavioral health setting): 0513, 0900-0905, 0907, 0911-0919

UB Rev (Visit in a non-behavioral health setting): 0510, 0515-0523, 0526-0529, 0982, 0983

TIPS:

- The literature indicates that the patient is at greater risk for hospitalization within the first 7 days post-discharge, and that the risk of patient self-harm is high within the first 3 weeks post-discharge
- Ensure that the follow-up appointment is made before the patient leaves the hospital and is scheduled within 7 days of discharge
- Assist the patient with navigation of barriers, such as using their transportation benefit to get to their follow-up appointment
- Review medications with patients to ensure they understand the purpose and appropriate frequency and method of administration
- Ensure accurate discharge dates and document not just the appointments scheduled, but appointments kept. Visits must be with a mental health practitioner.
- Follow-up visits must be supported by a claim, encounter, or note from the mental health practitioner's medical chart

For the full article, go to TheCheckup.org

RSV season and Synagis (palivizumab)

RSV season is here! Season schedules are established at the recommendation of the Texas Pediatric Society's RSV Task Force group. RSV seasons by region can be found here: <https://www.txvendordrug.com/formulary/prior-authorization/synagis/rsv-schedule>.

Texas Children's Health Plan authorizes palivizumab based on criteria determined by the 2014 American Academy of Pediatrics recommendations. Texas Children's Health Plan's prior authorization form can be found here: <https://www.navitus.com/getdoc/32bbdbf3-3855-4dfe-8b89-fc0b4d728f06/2017-2018-Synagis-Texas-Children-s-Health-Plan.aspx>.

For the 2017-2018 RSV season, Texas Children's Health Plan will continue to use the following 2 preferred pharmacies:

Maxor Specialty Pharmacy
216 South Polk Street
Amarillo, TX 79101
Synagis Phone:
866-629-6779
Synagis Fax:
866-217-8034

Avella Specialty Pharmacy
3016 Guadalupe St., Ste. A
Austin, TX 78705
Synagis Phone:
877-470-7608
Synagis Fax:
877-480-1746

Note: Based on the 2014 American Academy of Pediatrics guidance, prophylactic Synagis injections should not continue if the patient is hospitalized for RSV, therefore patients who are hospitalized for RSV while being treated with Synagis may not be approved for subsequent doses. Patients are allowed up to 5 monthly doses. Depending on the date of the initial dose, a patient may not receive all 5 monthly injections before the end of season.

In addition to monthly palivizumab injections, listed below are helpful counseling points to share with parents and caregivers to minimize RSV infection risk.

Stay away from sick people: RSV is passed from person to person. Keep your child away from large groups of people during RSV season (October-March). Ask friends or family members who are sick to stay away. This will reduce the risk of infection.

Eliminate Smoke: Smoke from any source is very bad for breathing. When a baby has smoke exposure, viral infections – including RSV – are much worse. If you or a close family member smoke, the best thing that you can do to protect yourself and your baby is to stop smoking. Are you ready to stop smoking? If you are ready, Texas Children Health Plan can help. Contact your care coordinator today for more information at 832-828-1430.

Wash your hands – often: Hands spread RSV. Make sure that everyone who comes around your baby washes their hands thoroughly and/or uses an alcohol-based hand sanitizer (such as Purell) before going near your baby.





Provider responsibilities

As a reminder, demographic changes must be sent in writing to Texas Children's Health Plan within a minimum of 30 calendar days. Changes not received in writing are not valid. Texas Children's Health Plan and its designated claims administrator are not responsible for potential claims processing and payment errors due to failure to update information.

Notification of change should be made to Texas Children's Health Plan Provider Relations and Care Coordination at the following email address: tchpprovel@texaschildrens.org, or by fax at **832-825-8750**.

Changes can be sent in writing with a letter listing the changes OR via the Provider Information Change form that can be found on the [Provider Portal > Communication > Forms > Provider Information Change Form](#).

We're social!

Follow **@TheCheckupTCHP** on Twitter for the latest news and updates.



Smoking cessation available for parents and caregivers

Smoke-free homes lead to better health outcomes and reduced ED admissions for patients with asthma. Texas Children's Health Plan provides free smoking cessation counseling and nicotine replacement products for the parents and caregivers of members with asthma. As a provider, you can help your patients more by supporting smoking cessation for parents and caregivers.

If your practice site is interested in learning how to enroll parents/caregivers in this program, please contact Texas Children's Health Plan's Care Coordination team at TCHPCareManagement@tchp.us.

For your information...

Visit TheCheckup.org for more articles like these.

For provider manuals, pharmacy directories, and other resources, visit:

www.TexasChildrensHealthPlan.org/for-providers/provider-resources

the **checkup**

is published monthly by Texas Children's Health Plan.

Director, Marketing
Cristina Garcia Gamboa

Editor
Kate Andropoulos

Designer
Scott Redding

@2017

Texas Children's Health Plan.
All rights reserved.

PO Box 301011
Houston, Texas 77230-1011
12/2017

